

Making Neuroscience Fun

A Brain Awareness Program for All Ages



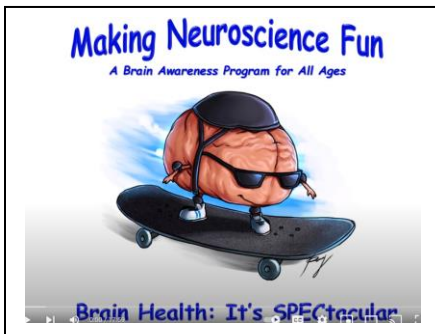
Brain Health: It's SPECTacular

What to do TODAY Kindergarten (🧠 A Brain Facts Story)

This story explains how the brain works with the body to let all animals (including humans) do everything that they do.

- 🧠 The brain and the body working together is important.
- 🧠 The body gets information from the world and tells it to the brain.
- 🧠 Your brain then “decides” what you do with that information.

🧠 Start the Brain Facts video.



Tell the students that today you are going to teach them more Brain Facts. Brain facts are things that we know about the brain AND we have to know something about our brains to so that we can help our brains get and stay healthy!!!

🧠 Continue playing the video and stop after the title slide.



So, this story explains how the brain works with the body to let all animals (including humans) do everything that they do.

The brain and the body working together is important, because if the brain and body were not working together – we would not be able to do anything and our brain would not be healthy!!!

🧠 Continue playing the video. There are lots of questions in the story. When there are questions, stop the video and ask the students that question.

Stop at this part of the video.



OK...remember...be silly to engage the students. Look around your body like you are looking for your brain.

Say...I don't see my brain do you see my brain? Look at your friends can you see their brains?

Say...This can't be good. Let's see what the story tells us next.

 Continue the video and stop when questions are asked.




Have the students raise their hands after stomach, feet, and head to tell you where they think the brain is in the body.

 Continue the video and stop when questions are asked.



Have the tell you some things that arms and hands do, then continue the video.

Have the students tell you some things that legs and feet do, then continue the video.

 Continue the video to the part about the senses.

If time permits you can talk a little bit about the senses. You can ask them what things they like to feel, see, taste, smell and hear.


 Continue the video and play Name the Animal.



Stop after the picture of the animal pops up. Ask the students what they thin.

Show animal pictures and say "Can you Name the Animal?"

Continue until the human and the end of the game.

 At this point, you should be pretty much out of time. Reiterate some of the things that the students have learned.

We now know that our brain is in our heads – not our stomach or feet.

We now know that our brain and body talk to each other through nerves and because of that our brain and nerves look like the animal they are in.

We also know that it is because our brain and body talk that we can do all the things that we do – list off some of the behaviors you have talked about.

Tell them that next week you will finish the “Team Work” story.

Be sure to thank them for listening and the Brain Health Team of JHU students will see them soon.