


Making Neuroscience Fun


A Brain Awareness Program for All Ages





Brain Health: It's SPECTacular


Do Drugs Make You Happy? (🌈 An Emotional Health Story) (5th Grade – 10-11 yrs.) Power Your Brain Challenge Questions


-  1. Your happy place is designed to help your brain to get things that it _____. Slide 3
 - A. wants
 - B. needs
 - C. likes


-  2. Survival needs are food, shelter, and water. Slide 4
 - A. True
 - B. False

-  3. How can hugging a dog or playing video games make some people happy? Slide 5
 - A. They need to do these things to survive.
 - B. They take away stress for some people.
 - C. They get paid for doing these things.

-  4. What happens to our happy place when the brain gets what it NEEDS? Slide 6
 - A. The happy place turns off.
 - B. The happy place gets stronger.
 - C. Nothing

-  5. Which is an example of a WANT? Slide 9
 - A. Eating a meal when you are hungry.
 - B. Playing a video game when you are stressed.
 - C. Eating a pint of ice cream because you were bored.

-  6. Some drugs act faster, stronger, and longer than any other thing that turns on your happy place. Slide 11
 - A. True
 - B. False

-  7. Which is true about drugs? Slide 12
 - A. They really confuse your brain.
 - B. They change the way the brain's happy place works.
 - C. Both A and B



8. A brain that is addicted only cares about _____? Slide 13
- A. getting food, water, and shelter.
 - B. getting more of the drug.
 - C. making sure you are taking care of yourself.



9. You cannot become addicted to nicotine. Slide 14
- A. True
 - B. False



10. What will happen if someone stops taking drugs? Slide 17
- A. The brain's happy place will start working again.
 - B. The addiction will go away.
 - C. They will never want to take them again.