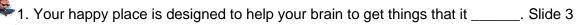




Brain Health: It's SPECtacular

Do Drugs Make You Happy? (♠ An Emotional Health Story) (5th Grade – 10-11 yrs.) Power Your Brain Challenge Questions



- A. wants
- B. needs
- C. likes
- 2. Survival needs are food, shelter, and water. Slide 4
 - A. True
 - B. False
- 3. How can hugging a dog or playing video games make some people happy? Slide 5
 - A. They need to do these things to survive.
 - B. They take away stress for some people.
 - C. They get paid for doing these things.
 - 4. What happens to our happy place when the brain gets what it NEEDS? Slide 6
 - A. The happy place turns off.
 - B. The happy place gets stronger.
 - C. Nothing
- 5. Which is an example of a WANT? Slide 9
 - A. Eating a meal when you are hungry.
 - B. Playing a video game when you are stressed.
 - C. Eating a pint of ice cream because you were bored.
- 6. Some drugs act faster, stronger, and longer than any other thing that turns on your happy place. Slide
 - A. True
 - B. False
 - 7. Which is true about drugs? Slide 12
 - A. They really confuse your brain.
 - B. They change the way the brain's happy place works.
 - C. Both A and B

- 8. A brain that is addicted only cares about _____? Slide 13
 - A. getting food, water, and shelter.
 - B. getting more of the drug.
 - C. making sure you are taking care of yourself.
- 9. You cannot become addicted to nicotine. Slide 14
 - A. True
 - B. False
- 10. What will happen if someone stops taking drugs? Slide 17
 - A. The brain's happy place will start working again.
 - B. The addiction will go away.
 - C. They will never want to take them again.