



Brain Health: It's SPECtacular

The World As We Know It (♠ A Cognitive Health Story) (4th Grade – 9-10 yrs.) Power Your Brain Challenge Questions

1. What we know about the world around us ultimately depends on information we get from our	
Slide 3 A. sensory systems	
B. google C. our parents	
2. What is our 6th sense? Slide 4 A. Seeing in the dark B. Balance C. Taste	
3. The sensory receptors with rods and cones that respond to light energy are in our ears. Slide 4 A. True B. False	
4. Various kinds of information are transmitted using different Slide 7 A. computers B. transmitters C. wavelengths	
5. Which animal has the most cones in their receptors for seeing? Slide 8 A. human B. dog C. chicken	

6. What does your brain do with all the information it receives from your sensory systems? Slide 14 A. Your brain "decides" what is important at that time

7. Everyone perceives things in the same way. Slide 15

B. Your brain does nothing with it until it is ready. C. Your brain files it until later when it is needed.

- A. True
- B. False

- 8. Perceptions are _____. Slide 15 A. either right or wrong
 - B. always changing
 - C. the same for everyone in your family
- 9. Perceptions can change based on past experiences, attention, and emotions. Slide 16-18
 - A. True
 - B. False
- 10. How can humans enhance the information that we get from our sensory systems? Slide 20
 - A. By doing homework every night
 - B. By getting enough sleep
 - C. By using technology