



Brain Health: It's SPECtacular

Activities Summary The World As We Know It (A Cognitive Health Story) (4th Grade - 9-10 yrs.)



#1-Physical Activity: Balancing Act

- Students learn more about the 6th sense-balance-by doing various activities.
- Approx Time: Varies based on activities selected
- Story Connection: Slide 4



#2-Demonstration: Do You See What I See?

- Students experience how various animals see the world compared to humans.
- Approx Time: 15-20 mins Story Connection: Slide 8



#3-Experiment: Do You Hear What I Hear?

- Students test their hearing and learn about the amazing hearing skills of different animals.
- Approx Time: 10-15 mins Story Connection: Slide 9-10



#4-Think, Pair, Share: Perception

- Students learn about perception and how it varies from person to person based on many factors.
- Approx Time: 15-20 mins
- Story Connection: Slide 15-19

#5-Game: Sensory Illusions

- Students practice various illusions and compare their perceptions with others in the group.
- Approx Time: 15-20 mins
- Story Connection: Slide 19