

Brain Health: It's SPECtacular

Activities Summary It's A SPECtacular Jungle Out There (A Brain Health Story) (4th Grade – 9-10 yrs.)

🗣 #1-Think, Pair, Share: You Scratch My Back...

- Students work together to learn about reciprocal relationships in animals.
- Approx Time: 25-30 mins
- Story Connection: Slide 3

#2-Drawing: Stand Tall

- Students self-reflect and then create a visual representation of themselves.
- Approx Time: 25-30 mins
- Story Connection: Slide 7

🗣 #3-Game: Get Moving

- Students try various non-traditional ways to move and get physical activity.
- Approx Time: Time varies depending on activities chosen
- Story Connection: Slide 12



#4-Demonstration: Face the Music

- Students listen to a variety of musical selections and discuss the emotions they feel.
- Approx Time: 10-15 mins
- Story Connection: Slide 14

🗣 #5-Video: Watch and Learn

- Students watch a video of chimpanzees learning a new skill and learn new skills themselves.
- Approx Time: 15-20 mins with follow-ups as needed
- Story Connection: Slide 15