



Brain Health: It's SPECtacular

## Lean On Me (♠ A Social Health Story) (3<sup>rd</sup> Grade – 8-9 yrs.) Power Your Brain Challenge Questions

<b>2</b> 1	In the wild	social behaviors help	? Slide 3
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- A. keep animals alive
- B. make animals angry
- C. cause animals to be aggressive
- 2. Why is it a good thing that humans are born immature? Slide 4
- A. It gives us an excuse for not knowing things.
- B. It allows us to learn so much about the world around us.
- C. It makes it easier for adults to make fun of babies.
- 3. Who would probably NOT be part of your support system? Slide 6
  - A. a teacher
  - B. a friend
  - C. a person in your favorite TV show
- 4. People like grocery store workers, police officers, and bus drivers can be part of your support system. Slide 12
  - A. True
  - B. False
- 5. What does it mean that helping and supporting is a "two-way street"? Slide 13
  - A. You live on a busy road.
  - B. To be helped and to help others is good for your brain health.
  - C. Your brain is like a street because it has a speed limit.
- 6. Trusting someone means you have confidence in them that they are going to do what they say they are going to do. Slide 14
  - A. True
  - B. False
  - 7. What is most important when it comes to the people in your support system? Slide 16
    - A. The quality of the people.
    - B. The quantity of people.
    - C. The popularity of the people.

- 8. Your support system can only include people. Slide 17
  - A. True
  - B. False
- 9. Why is a pet a good addition to your support system? Slide 17
  - A. They listen to you and will not tell anyone what you say.
  - B. They will laugh at you when you are feeling sad.
  - C. They ignore you and act like they do not care.
- 10. As you grow and change, your support system will also change over time. Slide 18
  - B. False