

Brain Health: It's SPECtacular

Activities Summary Why Can't I Remember? (A Cognitive Health Story) (3rd Grade – 8-9 yrs.)



#1-Experiment: Refresh Your Memory

- Students explore several memory experiments and activities to test their skills.
- Approx Time: 30-35 mins (for all three activities in experiment)
- Story Connection: Slide 5

#2-Demonstration: Do YOU Learn How I Learn?

- Students review learning styles and ways to make learning more fun for them.
- Approx Time: 25-30 mins
- Story Connection: Slide 7

*#3-Think, Pair, Share: Real-World Problem Solving

- Students collaborate to solve above grade level problems by using what they know and THINKING.
- Approx Time: 15-20 mins
- Story Connection: Slide 8

#4-Physical Activity: From Boring to Brilliant

- Students learn a variety of strategies to take tasks from boring to brilliant.
- Approx Time: 15-20 mins
- Story Connection: Slide 10

45-Worksheet: Making Sense at School

- Students transform hard to learn tasks into fun activities by using their five senses.
- Approx Time: 25-30 mins
- Story Connection: Slide 16