



**Why Can't I Remember? (🧠 A Cognitive Health Story)**  
**(3<sup>rd</sup> Grade – 8-9 yrs.)**  
**Demonstration: Do YOU Learn How I Learn?**



**STORY CONNECTION – SLIDE 7 (Approx Time: 25-30 mins)**

Part of what you will also be learning as you figure out the best way for you to learn how to spell is how you like to learn. Learning is about thinking – which is great for your brain's health! When YOU are thinking about information that YOU are learning, YOU are trying to understand it. When YOU understand something, you no longer just have to memorize it. It makes sense to YOU, and YOU just know it. Notice I keep saying "YOU." That is because there are different ways to think. The way that you think about something – so it may make sense to you – may be different from the way your friend thinks about things. The fact that there are lots of different ways to think about the same thing is great – that way we can all come up with new and different ideas and ways to do things.

**Materials needed:**

- Learning Styles chart (included below)
- Lesson Activity sheets (included below- optional)
- Chart paper (optional)
- Markers (optional)
- Pencils
- Tape




**Preparation needed:**






- Determine student groups
- Determine how student(s) will see Learning Styles Chart
  - Display for all student(s)
  - Print a class set
  - Print a copy for each pair/group
- Print Lesson Activity Sheets (1 sheet per group)
  - NOTE: There are only three scenarios (A, B, and C), but more could be created to meet the needs of your student(s).
  - With only a few, this will allow student(s) to share what their group thought of and see what others thought of for the same lesson.
  - If you would like to ensure all student(s) are engaged, print enough sheets for each student to complete their own. The number of each sheet will vary on how student(s) are grouped.

## Instructions:




1. In this activity, student(s) will be presented with various activities and will produce a variety of ways that student(s) could show that they have learned and know the information.
2. Review the four main learning styles with the student(s) and discuss the examples of ways they can remember what they are learning by doing some of those example activities.
  - There is a chart below that can be used to help with this discussion.
  - They will need this information when they are creating their group charts in this lesson.
3. Explain to the student(s) that they are going to be working with a partner or small group. Each group is going to get an assignment that a teacher could give to their student(s). Their job is to think of fun and engaging ways that student(s) could learn the information. Remind them to think about how THEY would like to learn the information so that they will remember it.
4. Go through the sample with student(s). Display it so everyone can see as you walk them through it.
5. Ask student(s) if they have any questions or need any clarification. Clear up any misunderstandings.
6. Pair/Group student(s) up.
7. Pass out a Lesson Activity Chart to each group.
8. Give student(s) an allotted amount of time to plan and work together.
9. When time is over or all groups are finished, have them share out either verbally or hang the papers up and allow student(s) to walk around and look at them in a gallery walk.
10. As a group, discuss...
  - any similarities and differences
  - Are there activities that they would love to do?
  - Are there activities that they would not like to do? Examples?
11. In closing, remind them that there are many ways to think. The way that they think about something – so it may make sense to them – may be different from the way their friend thinks about things. The fact that there are lots of ways to think about the same thing is great – that way we can all come up with new and different ideas and ways to do things.

# Learning Styles Chart




VISUAL 	AUDITORY 	TACTILE/KINESTHETIC 
<p>Reading silently            Writing            Drawing            Taking notes            Watching videos            Pictures            Graphic Organizers            Puzzles            Word/Picture association            Games            Flash cards            Whiteboard writing</p>	<p>Listening            Speaking            Reading aloud            Group discussions            Music or songs            Listen to recordings of lessons            Audiobooks            Discussions            Groupwork</p>	<p>Touching            Moving            Acting            Taking field trips            Visiting museums            Playing games            Doing hands-on activities            Performances            Gallery walks            Use gestures            Make models            Dancing            Drumming</p>

Names: <b>Sample</b>	Lesson: In language arts, your class has been learning about homophones. You must choose a way to demonstrate your learning.	What activities would you want your teacher to assign to demonstrate your learning that would be fun and engaging for you and your group.
VISUAL 	AUDITORY 	TACTILE/KINESTHETIC 
<p>Create a memory game.</p> <p>Using index cards, write and illustrate 20 different homophone pairs. One word and one picture on each card.</p> <p>Play the game with a friend to practice.</p> <p>On one card – pair </p> <p>On its match – pear </p>	<p>Make up riddles to share with the class. For example,</p> <p>You need both of something and a partridge in this kind of tree.</p> <p>Pair and pear</p>	<p>Create a mime routine (no talking) or performance (talking) to try to get your classmates to guess the homophone pairs</p>

A

Names:	Lesson: In social studies, your class has been learning about important people throughout history and how they have made an impact. You must choose a historical figure to learn about and demonstrate your learning.	What activities would you want your teacher to assign to demonstrate your learning that would be fun and engaging for you and your group.
VISUAL 	AUDITORY 	TACTILE/KINESTHETIC 

B

Names:	Lesson: In science, your class has been learning about the major components and patterns observed in the earth/moon/sun system. You must choose a way to demonstrate your learning.	What activities would you want your teacher to assign to demonstrate your learning that would be fun and engaging for you and your group.
VISUAL 	AUDITORY 	TACTILE/KINESTHETIC 

C

Names:	Lesson: In math, your class has been learning about multiplication and division. You are now working on word problems with multiplication and division. You must choose a way to demonstrate your learning.	What activities would you want your teacher to assign to demonstrate your learning that would be fun and engaging for you and your group.
VISUAL 👁️	AUDITORY 👂	TACTILE/KINESTHETIC 🖐️