

Brain Health: It's SPECtacular

Me and You (A Social Health Story) (PreK - 4-5 yrs.) Craft: One and Only You



STORY CONNECTION-SLIDE 2 (Approx Time: 20-25 mins)

This is a story about me and you. Me and you are people. There are lots of people in this world. It is important to understand that people can be both the same and different, but they are still people.

Materials needed:

- Person outline template (1 per student-included below)
- Crayons, markers, colored pencils
- Tape

Preparation needed:

- Determine if you or the student(s) will cut the person template out.
- Determine how you will display your example/model (projected image/large template drawn on board or chart paper) so everyone can see
- Determine how you will display the artwork for discussion

Instructions:

- 1. This craft will give the student(s) a chance to be creative while making a person who looks like them. This activity will focus on physical characteristics that can be the same or different.
- 2. Before having the student(s) complete their own people, model what you want them to do by having them help you complete your person.
- 3. Ask the student(s) and let them respond. Keep a list on the board of what they say.
 - a. "What do you see when you look at me?"

Example Answers: blue pants, glasses, blonde hair, pink shirt, sneakers, earrings, a watch, green eyes, rings, etc.

- 4. Show the student(s) the person template. Tell them that you are going to take the ideas on the board and make them match the person by drawing and coloring the person to look like me.
- 5. Do this step-by-step by coloring the template to match the descriptors.
- 6. Keep them engaged by asking questions such as:
 - a. "What color should I make my shirt?" (pink)
 - b. "Do I need to draw glasses?" (yes)
 - c. "What kind of shoes do I need to draw?" (sneakers)
- 7. Continue asking these kinds of questions and working on your own template until your person is completed.

- 8. Next, tell them that they are going to be doing what we just did, but they are going to make the person look like them.
- 9. Give each student a template and coloring supplies.
- 10. Ask student(s) if they have any questions or need any clarification. Clear up any misunderstandings.
- 11. Give them an allotted amount of time to create their person.
- 12. When they are finished, write each student's name somewhere on the front of his/her person and hang them up where everyone can see all of them in a group or line.
- 13. Once all the completed people are hung up, talk about characteristics they notice that are the same.

For example: Bob and Joe both have brown hair.

Amy and Sue both have glasses.

Lance and Carrie are both wearing blue jeans.

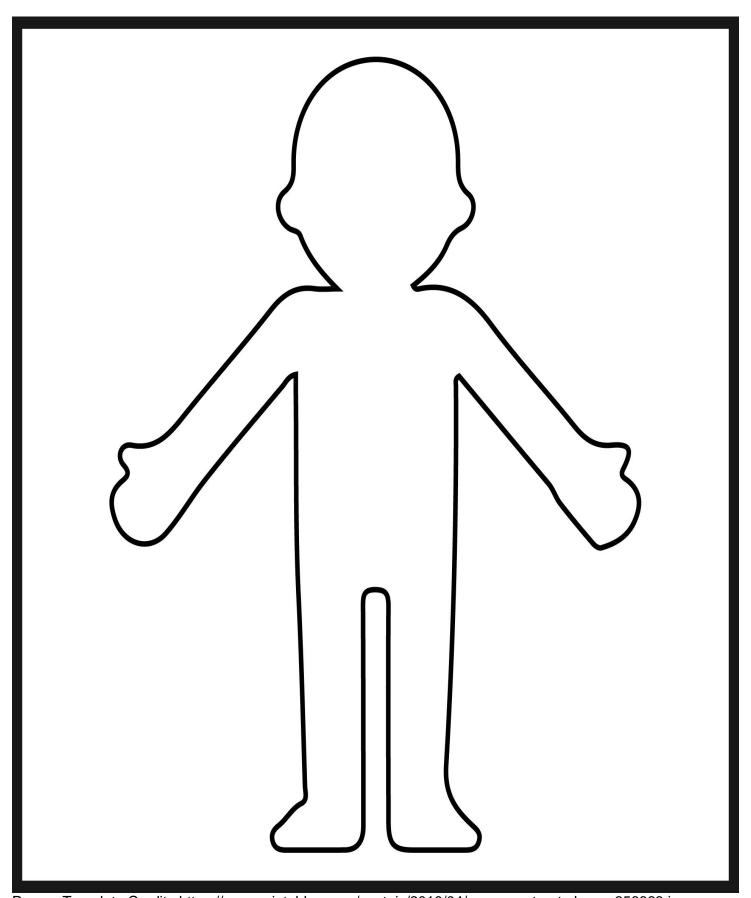
14. Next, talk about characteristics they notice that are different.

For example: Bob's shirt is blue, and Joe's shirt is gray.

Amy has on shorts and Sue has on leggings.

Lance has brown hair and Carrie has blonde hair.

15. In closing, talk about how even though there are characteristics about us that are the same and different, we are all people and classmates who like each other and have fun together.



Person Template Credit: https://www.printablee.com/postpic/2010/04/person-cut-out-shape_358863.jpg