



**I Have an Idea (🧠 A Cognitive Health Story)
(PreK – 4-5 yrs.)
Video: Making Sense of Sounds**



STORY CONNECTION-SLIDE 6 (Approx Time: 5-10 mins)

To stay alive, your brain needs to get information about the world around you. You get that information from your senses. Your senses include being able to smell, see, feel, hear, and taste. You get all kinds of information about things that are in the world outside of your body from your senses.

Materials needed:

- Video Link: <https://www.youtube.com/watch?v=Kq7vhpTFo2A> (3:10)
- Equipment to show an online video

Preparation needed:

- Preview the video before presenting the activity

Instructions:

1. This activity focuses on hearing and sound. The link above is a video that has a variety of household sounds in it. The setting is a stage. Student(s) will hear a sound, but the curtain is down, and they cannot see it. They will have to listen carefully!
2. Start the video and listen to the first sound.
3. Pause the video and give the student(s) a chance to make predictions about what they heard.
4. Once student(s) have made a few predictions, press play. The curtain will come up to reveal an image of what made the sound.
5. Continue until the video is finished.
6. The sounds in order are:
 - a. Door closing
 - b. Scissors cutting
 - c. Broom sweeping
 - d. Silverware clinking together
 - e. Chair squeaking
 - f. Toilet flushing
 - g. Hairdryer blowing
 - h. Phone ringing
 - i. Printer printing
 - j. Toothbrush brushing
 - k. Doorbell ringing
 - l. Vacuum cleaner running

7. When the video is over, ask student(s) how they were able to tell what the sounds were without seeing the objects. They will say they had heard them all before, so they knew what they were. Remind them they used their sense of hearing!