



I Have an Idea (💡 A Cognitive Health Story)
(PreK – 4-5 yrs.)
Think, Pair, Share: Light Bulb Moment



STORY CONNECTION-SLIDE 2 (Approx Time: 5-10 mins)

This story is about things that are going on inside our heads. Inside your head, your brain is ALWAYS thinking. When you think, you ask questions and then you come up with ideas or answers to those questions. We are going to talk about **why** your brain is always thinking and about **how** that works.

Materials needed:

- The light bulb template (included below) or a large light bulb drawn on the board or chart paper
- Markers for recording

Preparation needed:

- Determine how/where you will list student responses.

Instructions:

1. Explain to student(s) that a light bulb is often associated with an idea. In this brainstorming activity, student(s) will think about ideas, what they are, and where they come from.
2. Display the template below or draw a large light bulb on the board or a piece of chart paper. Write the questions, "What is an idea?" above the light bulb.
3. Give the student(s) some time to think about what they think an idea is.
4. Have them turn and talk to someone sitting next to them about their thoughts.
5. Ask for volunteers to tell you what they thought of or what their partner told them about their ideas.
6. Add them to the area around the light bulb. Student(s) might say things such as a plan, a thought, a suggestion, etc.
7. Take all answers and add them to the board or chart.
8. Next, ask student(s) where they think ideas come from. They might say their brains, heads, minds, other people, etc.
9. Ask student(s) why they think people say they had a "light bulb moment" or they could see the "light bulb come on." These mean that someone had a good idea.
10. Lastly, tell student(s) that they are going to learn all about ideas in this story.

What Is an idea??????



Light Bulb Credit: https://encrypted-tbn0.gstatic.com/images?q=tbn:ANd9GcQoTMcCeQH03psFkIX_6RhqHRxYYK04WDcKvES3kNHQWN0F4t6V&s