


Making Neuroscience Fun


A Brain Awareness Program for All Ages





Brain Health: It's SPECTacular


Keeping Your Brain Healthy: It's SPECTacular (A Brain Health Story) (Pre-kindergarten-4-5 yrs.) Power Your Brain Challenge Questions


-  1. Brain health is _____. slide 1
 - A. Not good for you
 - B. SPECTacular
 - C. Boring

-  2. Why do we need to keep our brains healthy? Slide 2
 - A. Our brains help us with everything that we do.
 - B. We need our brain to play soccer.
 - C. Our brain helps us to make friends.
 - D. All of the above

-  3. What does SPECTacular mean? Slide 4
 - A. Terrible
 - B. Great
 - C. Hungry

-  4. Three physical things you can do to keep your brain healthy are moving, eating, and _____. Slide 7
 - A. Yelling
 - B. Sleeping
 - C. Crying

-  5. Which emotion tells how you feel when you are playing with your friends? Slide 8
 - A. Scared
 - B. Angry
 - C. Happy

-  6. You can see things with your eyes and in your _____. Slide12
 - A. Head
 - B. Garage
 - C. Car