

Brain Health: It's SPECtacular

Do I Really Have a Brain? (A Brain Facts Story) (PreK - 4-5 yrs.) **Craft: Helping Hands**



STORY CONNECTION-SLIDES 4-5 (Approx Time: 10-15 mins)

I know I have hands. I can SEE my hands. I SEE that my hands have fingers. I can wiggle my fingers. Do you have hands and fingers? Hold up your hands and wiggle your fingers if you have them. Student(s) will explore different things they can do with their hands.

Materials needed:

- Paper
- Pencils
- Scissors
- Handprints template (included below) or blank paper (1 per student)

Preparation needed:

- Determine if student(s) will use the handprint template or trace/cut out their own hand.
- Determine if you will cut templates out or if they will.
- Determine if you will create an example to share or plan to create one in front of the student(s).

Instructions:

- 1. This story talks about hands and fingers and the fact that we have them, can see them, and use them.
- 2. Each student needs a set of paper handprints.
- 3. Begin by explaining that we use our hands for many different activities. Our hands can help us and help others around us. Tell the student(s) they will be thinking of ways they use their hands. They will draw pictures of those ways on their set of paper hands.
- 4. At this point, either share your example handprints with the student(s) or model for the student(s) how to do the activity by drawing a few examples on a set of paper hands. Examples might include coloring, brushing teeth, throwing a ball, clapping, etc.
- 5. Ask student(s) if they have any questions about the activity. Clear up any misunderstandings.
- 6. Once every student is clear on the task, give student(s) an allotted amount of time to draw different activities on their hands.
- 7. After the time is over, come together and ask student(s) to share about the activities they drew on their hands.

