

Brain Health: It's SPECtacular

Do I Really Have a Brain? (A Brain Facts Story)

(PreK - 4-5 yrs.)

Demonstration: Do You See What I See?



STORY CONNECTION-SLIDE 3 (Approx Time: 5-10 mins)

A neuroscientist studies the brain. But how do I know that I (or you, or any of us) have a brain? If I can SEE something that means I, have it – RIGHT?? What do you see with? You see with your eyes. Let's see what your eyes can see.

Materials needed:

- Chart paper
- Markers

Preparation needed:

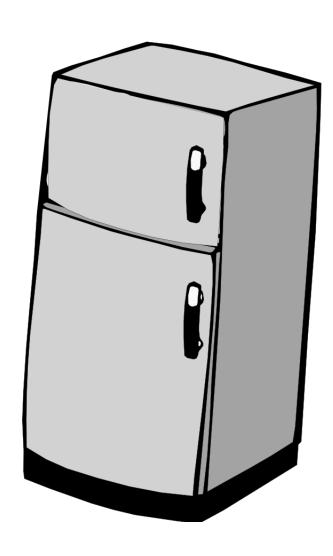
Determine objects (included below or create your own) to use for step 6.

Instructions:

- 1. Have student(s) look all around the room.
- 2. One at a time, have them come up and whisper to you something that they see in the room.
- 3. Write it on the chart paper.
- 4. Do this until everyone has a chance to tell you something and all the words have been added to the list. It is best if there are no duplicate words on the list.
- 5. Go back through the list and ask student(s) the following questions:
 - a. Does this item exist? Yes
 - b. How do you know? Can see it.
 - c. What do you use to see the item? Eyes
- 6. Next, using the images below talk about how sometimes we cannot actually see things with our eyes, but we know they are there based on what we have learned about those objects. You can use the examples below or you can use examples that are relative to your group.

For example: We can see a refrigerator with our eyes but cannot see what is inside it. We KNOW that milk must be kept in the refrigerator even though we cannot see it.

7. In closing, ask student(s) if they think it is possible that they have a brain even though they cannot see it. This will be explored further and answered as the story progresses.











Refrigerator clip art:

http://clipart-library.com/newhp/fridge-clipart-2018-1.png

Socks clip art:

https://encrypted-

tbn0.gstatic.com/images?q=tbn:ANd9GcSa_aaqaiKWURM5sH0Emf4W59oKDF41ts6I7IuOb8AoOPtSVUQ&s Lunchbox clip art: https://encrypted-

tbn0.gstatic.com/images?q=tbn:ANd9GcT51nhqtUIhineKvqF7YTBRO8DkZHRbfl9iaO2kAkOdknqbZ Q&s

Mitten clip art: https://encrypted-

tbn0.gstatic.com/images?q=tbn:ANd9GcQ5VBsMUPc28okn9iBzhVu3jrPUISmnjG2hq9jd77OQMs7YA431&s

Backpack clip art: https://encrypted-

tbn0.gstatic.com/images?q=tbn:ANd9GcQF0UdJ6evnRQ5XnprS0pw5bCRlfEG2Zsi9F 7ceujXS Pc-o8&s Cookie jar clip art: https://encrypted-tbn0.gstatic.com/images?q=tbn:ANd9GcRmzgmXlivbsnHMDp-

IAkDHmCWucoo3xqctc8G1BrN3 W4h7iPx&s