

Making Neuroscience Fun

A Brain Awareness Program for All Ages



Brain Health: It's SPECTacular

Activities Summary

Talents: Everyone Has Them (🧠 A Cognitive Health Story) (Kindergarten – 5-6 yrs.)



#1-Craft: Showcasing Your Talents

- Students showcase their talents by creating a collage or drawing.
- Approx Time: 25-30 mins
- Story Connection: Slides 3-4



#2-Worksheet: Work in Progress

- Students analyze statements and decide if it is a talent or a work in progress.
- Approx Time: 10-15 mins
- Story Connection: Slide 8



#3-Video: Practice Makes...Better

- Students watch a video and learn a song to reinforce the importance of practice.
- Approx Time: 10-15 mins
- Story Connection: Slide 12



#4-Think, Pair, Share: Trying New Things

- Students explore new things to find out what they are good at doing and enjoy.
- Approx Time: 5-10 mins with follow up check ins
- Story Connection: Slides 13-14



#5-Physical Activity: Talent Circle

- Students share their talents with others in this movement and circle activity.
- Approx Time: 15-20 mins
- Story Connection: Slide 15
- Group Activity