

Brain Health: It's SPECtacular

Team Work (A Brain Facts Story) (K - 5-6 yrs.)Game: Do You Hear What I Hear? **Group Activity**



STORY CONNECTION-SLIDE 8 (Approx Time: 10-15 mins)

In order for your body to do all the things it does, your brain needs to talk to ALL the parts of your body and ALL parts of your body need to talk to your brain. Communication between the two is very important. It is important for us to communicate clearly just like our brain and body do.

Materials needed:

- List of words and phrases to use for the Telephone Game (https://empoweredparents.co/telephonegame-phrases/) - see below
- Link to video of kids playing for demonstration purposes: https://www.youtube.com/watch?v=QLWQ79FKLl8 (1 minute)

Preparation needed:

Print out the list of words and phrases to use. Do not forget to print double sided to save paper.

Instructions:

- 1. Describe to the students how the brain and the body talk to each other through the nerves or wirelike structures that are found in our body. The brain and body communicate with each through these nerves.
- 2. We communicate with other people just like the brain and body communicate. How do we do that? That is right – people **communicate** with each other by talking to each other. In order for use to **communicate** with others, one person has to be talking and the other has to be listening.
- 3. There is a game that we can play, called the Telephone Game or it can be called Do You Hear What I Hear. (At this point you can have the students watch the video, if you choose.)
- 4. To play the game, we are all going to sit in a circle/line. Seat children in a circle (or in a line if you prefer).
- 5. Since you are playing with young children, the adult should start the round by choosing and whispering a phrase to the first child. Phrase ideas can be found in the list below.
- 6. Whisper a phrase into the first child's ear.
- 7. That child must whisper the message into the next child's ear, who whispers it to the next child, and so it continues until the message has been passed around the circle.
- 8. The last person in the circle calls out the message and then the first person confirms if the message is correct or if it has been "broken."
- 9. If the phase is correct, then congratulate the students because everyone was **communicating**.

- 10. If the phase was incorrect or "broken", tell the students not to worry. A breakdown in communication on along the telephone chain sometimes happens between the brain and the body. Sometimes the cells in the brain, called neurons, are busy listening to other cells in the brain so the right information does not get sent down the nerves. Also explain how harder phrases sometimes cause the **communication** to break down. You may want to then use an easier phrase for the next round.
- 11. Continue with another phrase. Repeat with a new phrases as long as time permits or the students are enjoying themselves.

Alliterations:

Try these sets of words that begin with the same sounds.

- Pretty pink Petunias
- The shark has shiny shoes
- Clever cats can count
- Find four funny fish
- Seven silly seals are sailing
- Blue bubbles in the bath
- Mom has many magazines
- Silly sisters sing songs
- Alice ate apples
- Dozens of diving dolphins

Super Short Sentences:

Anything will do – familiar characters or songs, descriptive words, common phrases, etc.

- Cheeky monkeys
- Naughty kids
- Topsy turvy
- Yellow ducks
- Jungle gym
- Simon says
- Humpty Dumpty
- Fairy god mother
- Ready, set, go!
- It's raining, it's pouring

Words That Go Together:

You can also give pairs of words that are usually found together.

- Peanut butter and jelly
- Salt and pepper
- Shoes and socks
- Hugs and kisses
- Nuts and bolts
- Bread and butter
- Macaroni and cheese
- Bacon and eggs
- Fish and chips
- King and queen

Rhymes:

Here are some Telephone game ideas using simple rhymes.

- Can you bat a cat?
- My bird is absurd
- Where is the square?
- My pig has a big wig.
- Don't fall over the ball.
- Why does your owl growl?
- The cap is on my lap.
- I wish I had a dish.
- · Can you drink nine glasses of wine?
- The king can sing.

Funny Phrases:

Funny, nonsensical phrases make great Telephone game sentences.

- I'm wearing green underwear.
- My mom is a dinosaur.
- Don't worry, be silly.
- Elephants have six toes.
- Pass me the potatoes.
- Will you dance with my pet tiger?
- My favourite food is roasted slugs.
- Swimming in spaghetti is fun.
- I'm sending a silly message.
- If you kiss me I'll turn into a frog.

Tongue Twisters:

These fun tongue twisters from Flintobox will have the kids in stitches, as they stumble over their words.

- Red lorry, yellow lorry
- She sells sea shells on the sea shore
- Sheep should sleep in a shed.
- · She sees cheese.
- Zebras zig and zebras zag.
- The blue bluebird blinks
- Four fine fresh fish for you.
- He threw three balls.
- Greek grapes, Greek grapes, Greek grapes.
- · Cooks cook cupcakes quickly.

Funny Words:

Use these words that sound funny to say. After each round, teach your kids what these funny words mean.

- Gobbledygook
- Flabbergasted
- Hodgepodge
- Wishy-washy
- Namby-pamby
- Mollycoddle
- Gibberish
- Hullabaloo
- Hogwash
- Stumblebum

Long Words:

Try some rounds with words that are a little longer than usual. Don't forget to also use Supercalifragilisticexpialidocious!

- Alphabetical
- Extraterrestrial
- Electrifying
- Enthusiastically
- Autobiography
- Subterranean
- Encyclopedia
- Momentarily
- Hypochondriac
- Capitalization