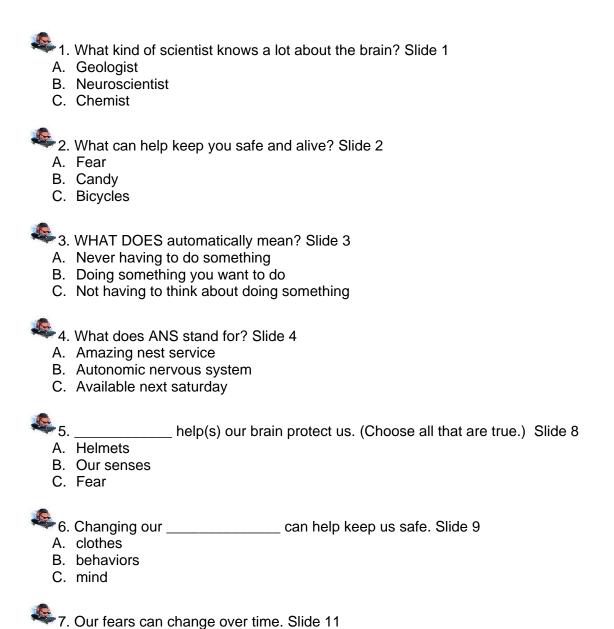




Brain Health: It's SPECtacular

Being Afraid Can Help You – WHAT?!? (♠ An Emotional Health Story) (2nd Grade – 7-8 yrs.) Power Your Brain Challenge Questions



A. True B. False

- 8. What is a sign of fear? (Choose all that are true.) Slide 12 A. Heart is pounding
 - B. Breathing is fast
 - C. Hands are sweaty
- 9. All people have the same fears. Slide 15
 - A. True
 - B. False
- 10. _____ others is a way to keep your brain and body safe. Slide 16
 - A. Yelling at
 - B. Talking to
 - C. Looking at