








A SPECTacular Trip to the Zoo (🌈 A Brain Health Story)
(2nd Grade – 7-8 yrs.)
Power Your Brain Challenge Questions


-  1. How is your brain like the zoo? Slide 2
 - A. They both have animals in them.
 - B. They both are made up of different parts.
 - C. You can go to both with your family.


-  2. Your brain does a lot of different things. Slide 4
 - A. True
 - B. False

-  3. Being supported by our friends makes us feel _____. Slide 6
 - A. Confident
 - B. Scared
 - C. Alone

-  4. Which animal is the most **social** in the Friendship Rainforest? Slide 7
 - A. A tiger
 - B. A fish
 - C. A bird

-  5. When you move your body, your brain releases special chemicals called _____ that make your brain stronger. Slide 10
 - A. minerals
 - B. vitamins
 - C. endorphins

-  6. The emotions that we are feeling can affect the mood that we are in and how we behave. Slide 13
 - A. True
 - B. False

-  7. Choose all of the activities that you do where your brain is “thinking”. (All are correct) Slide 18
 - A. Learning how to play a video game
 - B. Reading a book
 - C. Studying for an exam



8. Why do elephants belong in the Thinking Jungle? Slide 20

- A. They a big and animals in the Thinking Jungle are big.
- B. They have a strong memory which is part of a thinking brain.
- C. Their friends all live there.



9. Physical health includes moving your body, eating, and _____. slide 22

- A. Sleeping
- B. Thinking
- C. Studying



10. It is important to remember that everyone has a unique Brain Zoo inside their head. Slide 23

- A. True
- B. False