

Making Neuroscience Fun


A Brain Awareness Program for All Ages





Brain Health: It's SPECTacular


Activities Summary


A SPECTacular Trip to the Zoo (🦋 A Brain Health Story) (2nd Grade – 7-8 yrs.)

-  **#1-Think, Pair, Share: Recipe for a Good Friend**
 - Students work together to create a recipe for a good friend to review social health.
 - Approx Time: 15-20 mins
 - Story Connection: Slides 6-8

-  **#2-Physical Activity: Movement Matters**
 - Students complete a variety of physical activities and plan for their physical health.
 - Approx Time: 10-15 mins
 - Story Connection: Slides 9-12

-  **#3-Game Show Video: Name That Emotion**
 - Students watch and play along with a game show video on emotions and moods to review emotional health.
 - Approx Time: 20-25 mins
 - Story Connection: Slides 13-17
 - Group Activity

-  **#4-Game: Brain Teasers**
 - Students compete to solve brain teasers and earn points in this game to promote cognitive health.
 - Approx Time: 15-20 mins
 - Story Connection: Slides 18-21

-  **#5- Worksheet: Field Trip Reflection**
 - Students reflect on their trip to the Brain Zoo and see if they still have more to learn.
 - Approx Time: 10-15 mins
 - Story Connection: Slide 22