



Do You Know What I Know (🧠 A Cognitive Health Story)
(1st – 6-7 yrs.)
Power Your Brain Challenge Questions



1. What do babies do with things they pick up? Slide 3

- A. Throw them away
- B. Put them in their mouths
- C. Hide them in the closet



2. How do you learn most information about the world? Slide 4

- A. From your senses
- B. From your friends
- C. From a book



3. You can also learn about different things from _____. slide 5

- A. other people
- B. a book
- C. your computer
- D. All of the above



4. Where we live helps us learn about different things. Slide 4

- A. True
- B. False



5. Why does our brain not process everything our senses send to it? Slide 8

- A. It does not want to
- B. There is too much information
- C. It is too tired



6. When things are _____ and _____ we remember them better. Slides 9 & 12

- A. important; interesting
- B. important; boring
- C. boring; necessary



7. Different people may learn different things because they pay attention to different things. Slide 13

- A. True
- B. False



8. What can make your brain healthy? Slide 15

- A. Thinking
- B. Learning
- C. Having fun thinking and learning
- D. All of the above



9. When you are not having fun learning, your brain is _____. slide 16

- A. Bored
- B. Happy
- C. Excited



10. SHARING WHAT YOU KNOW WITH OTHERS AND LISTENING TO others SHARE WHAT THEY KNOW WILL HELP everyone's _____ stay healthy. Slide17

- A. Heart
- B. Lungs
- C. Brain



11. Everyone's brain is _____. slide 18

- A. Small
- B. The same
- C. Different