

# Making Neuroscience Fun

A Brain Awareness Program for All Ages



Brain Health: It's SPECTacular

## The SPECTacular Way to Take Care of Your Brain (🧠 A Brain Health Story) (1<sup>st</sup> Grade - 6-7 yrs.) Power Your Brain Challenge Questions



1. Knowing what you should and should not be doing to keep your brain and your body safe is the \_\_\_\_\_ part of your brain taking care of you. slide 7

- A. Social
- B. Physical
- C. Main



2. How does your brain get energy? Slide 8

- A. By plugging it in and charging it.
- B. By eating food that our body and brain need.
- C. By using batteries.



3. Putting this on your face will turn on your happy place and you will feel happy, and your brain will be healthy. Slide 12

- A. Sunscreen
- B. A smile
- C. A mask



4. Your brain takes information and \_\_\_\_\_ it so you can remember it later. Slide 13

- A. reads
- B. copies
- C. stores



5. If you take care of your brain, your brain will take care of \_\_\_\_\_. Slide 14

- A. your clothes
- B. your pet
- C. you