








**What Do I Do? (🧠 A Social Health Story)
(K – 5-6 yrs.)
Power Your Brain Challenge Questions**

-  1. Being nice to yourself and others means you are _____. Slide 1
 - A. social
 - B. mean
 - C. upset

-  2. How many choices do you have to make in a day? Slide 2
 - A. 5
 - B. Lots
 - C. 10

-  3. Some choices are easy, and some choices are hard. Slides 9 and 14
 - A. Yes/True
 - B. No/False

-  4. When we need help deciding, we need to ask someone we _____. Slides 12
 - A. do not know
 - B. like
 - C. trust

-  5. Making good choices will help you feel good about yourself and make your brain happy and _____.
Slide 19
 - A. full
 - B. tired
 - C. healthy